日本語

日本栄養大学大学院
日本栄養大学
日本栄養大学短期大学部

Faculty Members

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Akemi Nakanishi

Faculty of Nutrition
Professor

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■ Education

1. 1987/04～1991/03 Faculty of Home Economics, Hiroshima prefectural Women's University, Graduated,
2. 2005/04～2007/03 Graduate School, Division of Nutrition, Kagawa Nutrition University, Completed,
3. 2009/10～2012/09 〔Doctoral course〕, Graduate School, Division of Nutrition, Kagawa Nutrition University, Completed,

■ Career

1. 2009/06～2011/03 Kagawa Nutrition University Faculty of Nutrition
2. 2012/04～2012/09 Kagawa Nutrition University Institute of Nutrition Sciences
3. 2012/10～2018/03 Kagawa Nutrition University Faculty of Nutrition Assistant Professor
4. 2018/04～2026/03 Kagawa Nutrition University Faculty of Nutrition Associate Professor
5. 2026/04～ Kagawa Nutrition University Faculty of Nutrition Professor

■ Research Interests/Keywords

Family and consumer sciences, and culture and living, Family and consumer sciences, and culture and living

■ Publications

1. Journal Articles Association between Dietary-related Media Literacy and Habitual Dietary Intake In Junior High School Students（Collaboration） 2023/04 Link
2. Journal Articles Assessments of the Actual Situation and Adequacy of Nutrient Intake in Meal Patterns of Elementary School Students（Collaboration） 2023/02 Link
3. Journal Articles How to use nudge for health behavior-the relationships between nudge and health behaviors theories: a report on the 2021 annual workshop of The Japan Society of Health Education and Promotion Nutrition Education Committee（Collaboration） 2022/11 Link
4. Journal Articles How to use nudge for health behavior: a report on the 2020 Annual Workshop of The Japan Society of Health Education and Promotion Nutrition Education Committee（Collaboration） 2021/08 Link
5. Journal Articles Investigation Nutritional Provision and Intake Rate of Elementary School Lunch during COVID-19 Pandemic（Collaboration） 2021/03 Link
6. Journal Articles Study on appropriateness of aerobic dance created to Mejacon's 3.1.2 Meal Box Magic as a teaching material for physical education（Collaboration） 2021/03 Link
7. Journal Articles Possibility of Remote Shokuiku and Dietary Guidance during COVID-19 Pandemic（Collaboration） 2020/12
8. Journal Articles Associations between Family Dinner Frequency and Voluntary Mealtime Communication with Habitual Dietary Intake among Middle School Students（Collaboration） 2020/10 Link
9. Journal Articles A life course approach through collaboration between the fields of oral health and dietary science（Collaboration） 2020/05 Link

10. Journal Articles Oral health and nutrition: evidence, policy and practice (Collaboration) 2020/05 Link
11. Journal Articles Evaluation of food and nutrition education in schools that incorporates the health education and promotion evaluation method (Single) 2019/02 Link
12. Journal Articles Status of the Planning and Evaluation of Food and Nutrition Education at Schools in Japan: A Comparison Based on the Existence of a Registered Dietitians License and the Time of the License Acquisition (Collaboration) 2018/07 Link
13. Journal Articles Baseline assessment for school-based food and nutrition education in schools : A report on the 2017 annual workshop of the Nutrition Education Committee (Collaboration) 2018/05 Link
14. Journal Articles Associations between the Breakfast Pattern and Dietary Intakes among Fifth-Grade Students Who Eat Breakfast Everyday (Collaboration) 2018 Link
15. Journal Articles Household income is associated with food and nutrient intake in Japanese schoolchildren, especially on days without school lunch (Collaboration) 2017/08 Link
16. Journal Articles How to introduce evaluation method of health education and promotion into food and nutrition education in school?
-A report of open round-table discussion on the 26th
Annual Conference of the Japanese Society of Health Education and Promotion- (Collaboration) 2017/08 Link
17. Journal Articles Implementing food and nutrition education evaluation in school 2nd report A report on the annual workshop planned by the Nutrition Education Committee in 2016 (Collaboration) 2017/04 Link
18. Journal Articles The Contribution of School Lunch to Dietary Intake in Primary School Children in Relation to Household Income (Collaboration) 2017/04 Link
19. Journal Articles The Relationship between Household Income and
Food Intake of Japanese Schoolchildren (Collaboration) 2017
20. Journal Articles Status and Issues of Nutrition Information Provision Through Meal Services for Employees (Collaboration) 2015/01
21. Journal Articles Associations between Family Dinner Frequency and Voluntary Mealtime Communucation with Dietary Attitudes, Dietary Behaviors, and Quality of Life: ACriss-sectional and Longitudinal Study of 5^{th} and 8^{th} Grade Students (Collaboration) 2014/06
22. Journal Articles Development of a fQuestionnaire to Assess the Meal Preparation Competency of Female University Students -Study for Female Students Majoring in Nutrition (Collaboration) 2014/02

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■ Social Contributions

1. 2017/05 Japanology plus school lunch